

**MIDDLE GEORGIA COLLEGE  
GET FIT NOW  
ENROLLMENT FORM**

\_\_\_\_\_ (*Printed employee name*) is joining this program and plans to use the following hour each week for exercise:

\_\_\_\_\_

\_\_\_\_\_ Running/walking on track      \_\_\_\_\_ Fitness Center

\_\_\_\_\_ Intramurals      \_\_\_\_\_ Auditing HEXS activity classes

Other (Specify) \_\_\_\_\_

Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_